

# **Auxiliary Nurses and Midwives**

## **Subject and Syllabus**



2024-25

# Auxiliary Nurses and Midwives (ANM) Syllabus

## Course Duration

- Total Duration: 2 years (18 months + 6 months internship)
  - First Year:
    - Teaching Hours: 1720 hours
  - Second Year (Including Internship):
    - Teaching Hours: 1760 hours

## Admission Criteria

1. Minimum Age: 17 years by December 31st of the admission year.
2. Maximum Age: 35 years.
3. Educational Requirement: Completion of 12 years of schooling (10+2) recognized by CBSE/ICSE/SSSCE/HSCE or equivalent.

## Course of Study

### First Year

#### Unit 1: Community Health Nursing

- **Course Outcome:** Students will demonstrate competence in community health nursing principles and practices.
- **Course Criteria:** Theory (120 hrs), Demonstration (50 hrs), Hospital (10 hrs), Community (100 hrs).
- **Course Objective:** Understand community health issues, environmental sanitation, mental health, and nutrition.

#### Unit 2: Health Promotion

- **Course Outcome:** Students will promote health through effective communication and education.
- **Course Criteria:** Theory (120 hrs), Demonstration (75 hrs), Hospital (20 hrs), Community (180 hrs).
- **Course Objective:** Educate on health promotion, hygiene, and disease prevention.

#### Unit 3: Primary Health Care Nursing – I

- **Course Outcome:** Ability to provide primary health care services effectively.
- **Course Criteria:** Theory (130 hrs), Demonstration (150 hrs), Hospital (90 hrs), Community (300 hrs).
- **Course Objective:** Manage infection control, communicable diseases, and primary medical care.

#### Unit 4: Child Health Nursing

- **Course Outcome:** Competence in caring for children's health needs.

- **Course Criteria:** Theory (75 hrs), Demonstration (110 hrs), Hospital (80 hrs), Community (100 hrs).
- **Course Objective:** Provide care for pediatric health issues and promote child health.

## Second Year (First 6 Months)

### Unit 5: Midwifery

- **Course Outcome:** Proficiency in midwifery practices including antenatal, intranatal, and postnatal care.
- **Course Criteria:** Theory (200 hrs), Demonstration (160 hrs), Hospital (220 hrs), Community (160 hrs).
- **Course Objective:** Conduct normal deliveries, manage complications, and provide maternal care.

### Unit 6: Health Center Management

- **Course Outcome:** Understanding of health center operations and management.
- **Course Criteria:** Theory (40 hrs), Demonstration (40 hrs), Hospital (60 hrs), Community (60 hrs).
- **Course Objective:** Manage health center resources effectively.

### Internship Period (Second Year)

- **Duration:** 6 months (880 hours)
- **Course Description:** Practical experience in hospitals and communities under supervision.
- **Clinical Requirements:** Includes midwifery, child health, community health, and management experiences.

### Guidelines for Internship

- Supervised practice in sub-centers/primary health centers.
- Participation in national health programs.
- Completion of 80% of clinical requirements before final examinations.
- Certification of internship completion and competencies by the ANM school principal.

### Scheme of Examination

- **First Year:** Theory and practical examinations totaling 800 marks.
- **Second Year:** Theory and practical examinations totaling 600 marks.
- Examination venues primarily at district hospitals.